



**MIDLAND BOROUGH SCHOOL DISTRICT**

**173 7th Street  
Midland, PA 15059**

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**Mr. Sean Tanner, Superintendent  
Ms. Brenda Militello, Principal**

March 10, 2020

Dear Midland Elementary-Middle School Parents & Guardians:

The Midland Borough School District is taking the global issue of the coronavirus (COVID 19) and the seasonal flu very seriously and is continuing to take proactive steps in an effort to prevent the spread of any illness within our school. District officials would like you to know what actions the school district is taking.

The Midland Borough School District has protocols in place to handle communicable illnesses common to school districts like influenza (flu), strep throat, and more. We routinely teach and reinforce the following best basic health practices to our students and staff and ask that you speak with your children about these practices below:

- Handwashing is the 1<sup>st</sup> line of defense and best way to prevent and reduce the spread of disease. Proper handwashing (soap and water for 20 seconds, singing the Happy Birthday Song twice is a good way to remember, and hand sanitizer in between).
- Washing hands frequently after certain activities, including bathroom breaks or recess and before lunch
- Cough and sneeze etiquette (cough into the upper sleeve or use tissues and dispose of them)
- Keeping hands away from eyes, nose, and mouth
- Reminding students not to share food, drinks, Chapstick, etc.

If your child is feeling sick, ***do not send them to school***. Allow for proper time to rest and recover and to help prevent infecting other students and staff. ***Students who have a fever of 99 or greater, diarrhea or vomiting, or who are coughing and have upper respiratory symptoms must be symptom free for 24 hours, without the use of symptom reducing medication, before returning to school.***

The Midland School District is also reinforcing procedures to minimize the spread of illness in our school especially during the flu and cold season. Our custodial staff will continue to disinfect each day with hospital-grade products to help offset the spread of communicable illnesses.

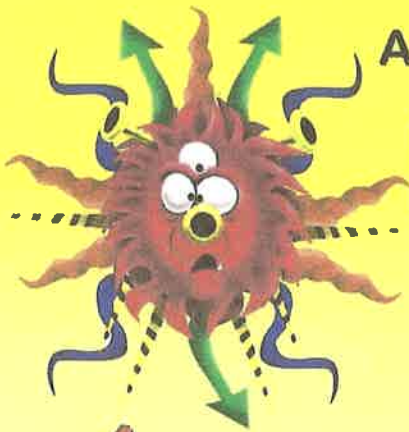
The District's Administration is monitoring this situation and following the recommendations from the Centers for Disease Control (CDC). If we find that we should need to modify our current schooling routine or any extra-curricular activities we will follow the direction of the CDC, local, state, and federal officials and will communicate that information to our families.

For more information on the coronavirus COVID-19 please visit the Centers for Disease Control website at [www.cdc.gov](http://www.cdc.gov).

Thank you for your attention to this matter.

Sincerely yours,

Sean D. Tanner  
Superintendent



An Icky, Yucky Germ Tells You

# How To Wash Your Hands!

1. Make Sure A Clean Towel Is Ready In Advance.
2. Turn On The Water. Make It Nice And Warm.
3. Wet Your Hands.
4. Put Soap On Your Hands.
5. Rub Your Hands Together. Make Lots Of Suds!  
Wash for at least 20 seconds (sing Happy Birthday song x2)
6. Rub Both Sides. Rub Between Your Fingers, Too.
7. Rinse Your Hands. Don't Touch The Sink.
8. Dry Your Hands With A Paper Towel.
9. Use The Paper Towel To Turn The Water Off.
10. Throw The Paper Towel In The Trash.

**Remember: Clean Hands Help Keep You Healthy.**